

But then there are some therapists that seem capable of rendering remarkable results on a fairly regular basis. And I've always wondered—ever since the discovery of mirror neurons—is it because they have that capacity for attunement through mirroring that is extraordinary?

Marco: Right. That's my gut feeling.

Bonnie: So how do we help people cultivate that? And that's the control piece that you're talking about.

Marco: Yep.

Bonnie: Can people cultivate their mirror neuron capacity? Is that what's happening when we

teach empathy? And if it can be taught, it should be taught in graduate school, or much, much sooner. [laughter]

Marco: I was at the World Economic Forum about a month ago. They invited me to talk about mirror neurons and empathy. At some point, one person said, "I think that empathy should be taught in school." You know, that's a great idea. But it's not easy to translate this into policy, but yeah, we should do that.

Bonnie: Yes, we should do that. Absolutely.

With a satisfying feeling of having been gently escorted through new discoveries about how we become interwoven with one another, we said goodbye.

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You can kiss your family and friends good-bye and put miles between you, but at the same time you carry them with you in your heart, your mind, your stomach, because you do not just live in a world but a world lives in you.

~Frederick Buechner
author, theologian

