

However, the development of “insecure” risk factors and their subsequent problems could perhaps have been prevented. The first and most important step would be developing an awareness of “Attachment Theory” by the appropriate medical specialties. This would initiate the process of educating the public about its significance.

Ideally, this adult educational process would begin well before the birth of the infant. As the “prevention” system evolves, students in elementary and high school would also have this subject included in their education. I believe such a system would result in significant social and economic changes. The cost of prevention would be far below the cost of our present spending on prisons and remediation. Public health measures have successfully prevented or controlled many diseases. Could not this type of prevention also be successful simply by increasing the percentage of those children with “secure” rather than those with “insecure” attachments?

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What we do to our children they will do to society.

- Carl Menninger